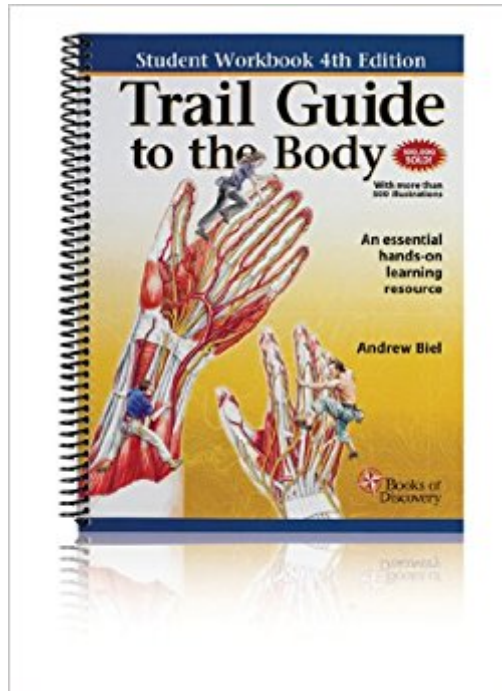




Ebook Directory
the best source of ebook

The book was found

Trail Guide To The Body: Student Workbook



Synopsis

This is a student supplement associated with: *Trail Guide To The Body*, 4/e Andrew Biel, Books of Discovery ISBN: 0982663404

Book Information

Spiral-bound: 230 pages

Publisher: Books of Discovery; 4th edition (May 1, 2011)

Language: English

ISBN-10: 0982663412

ISBN-13: 978-0982663417

Product Dimensions: 8.6 x 0.5 x 10.6 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.6 out of 5 stars 54 customer reviews

Best Sellers Rank: #98,132 in Books (See Top 100 in Books) #70 in *Books > Health, Fitness & Dieting > Alternative Medicine > Massage* #206 in *Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Anatomy* #275 in *Books > Medical Books > Basic Sciences > Anatomy*

Customer Reviews

Very supportive to the 4th Edition TG. I just love this - as a massage therapist from years ago and now back in school - in another program - I had to learn more anatomy again. This is very encouraging - self tests - self paced - it is a real tool to learning and that potential FEAR of tests isn't there. Just pencil in answers and see how you do ... then do it again next week next month, etc. Is a real jewel. I feel Andrew is brilliant to create these books/learning tools for us anatomy people. If you are in massage school and this book ISN'T required, buy it anyway !

This has been an invaluable resource for massage school. It is much more thorough than any of the "coloring books" I tried. It matches so great with the Trail Guide book. The way around being able to only use a page once - I tore out the pages and put them in page protectors and used dry-erase markers. This book really helps to put all the muscle anatomy together in a real way.

The DVD that goes with this book is a must see! Without it, you might as well not get the book, that is how helpful it is. However, on the DVD he has nice lean, in-shape "models" Let's be realistic, these are generally not the people in an acupuncture office, so they will not be as easy to palp

ate. That says, the pictures in the book are very good. View Tip: Watch the DVD, it will save you a ton of time.

Very helpful to quiz yourself to see how much of the bony landmarks and muscles you know. Pictures were very clean and clear. The main problem I had was that the paper is of a thicker quality. This is fine for the fact that they will be marked on, but it required the use of pen to write in answers. The pen would also smudge or touched too quickly after writing. Penciled in responses were very faint.

I absolutely loved this workbook it was so helpful in getting me through my kinesiology class and I have shared it with other students so that they could follow in my footsteps I ended up with an A in my class and would definitely not have done so awesome without this .

This workbook was very helpful for me while in my Functional Anatomy class. My college uses only e-texts and trying to learn anatomy with only an e-text was nearly impossible. Having this workbook and the flashcards were extremely helpful. This gave me the extra practice I needed for learning the muscles of the body.

I ordered this for myself and don't need it for my class. However, it has some great exercises in it. I just wish the Trail Guide book was organized better so that it was easier to figure out some of the answers. It can be hard to find the information they are asking for. Don't let that stop you. There really isn't a better text book for studying the human body.

great condition

[Download to continue reading...](#)

BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Trail Guide to the Body: Student Workbook A guide to Morija: Including self-guided walking tours of historic Morija Mission, mountain "lakes" trail, dinosaur footprints trail, Makhoarane trail Pacific Crest Trail Data Book: Mileages, Landmarks, Facilities, Resupply Data, and Essential Trail Information for the Entire Pacific Crest Trail, from Mexico to Canada Inca Trail, Cusco & Machu Picchu: Includes Santa Teresa Trek, Choquequirao Trek, Vilcabamba Trail, Vilcabamba To Choquequirao, Choquequirao To Machu ... Inca Trail, Cusco & Machu Picchu) Hiking Tennessee Trails: Hikes Along Natchez,

Trace, Cumberland Trail, John Muir Trail, Overmountain Victory Trail, and many others (Regional Hiking Series) Tennessee Trails: Hikes Along the Appalachian Trail, Trail of the Lonesome Pine, Cherokee National Forest Trail and Many Others Trail Guide to the Body Workbook Your Body, Yourself: A Guide to Your Changing Body (Your Body, Your Self Book) A Guide to the North Kaibab Trail (Grand Canyon Trail Guide Series) Alpe-Adria Trail: From the Alps to the Adriatic: A Guide to Hiking through Austria, Slovenia and Italy (Bradt Travel Guide Alpe-Adria Trail: From the Alps to the Ad) Appalachian Trail Guide to New Hampshire-Vermont/With Maps (Appalachian Trail Guide Series) North Bend Rail Trail: A Trail Guide and Historical Guide Metacomet-Monadnock Trail Guide: A Trail Guide with Maps of the 117 Mile Long Distance Foot Path Through the 3 County-Pioneer Valley Region of Western ... & the Monadnock Region of S. W. New Hampshire The Bath and Body Book: DIY Bath Bombs, Bath Salts, Body Butter and Body Scrubs Intermittent Fasting: Make Your Body Burn Fat For Fuel Everyday, Optimize Muscle Mass, Hormones And Health. Decrease Insulin Resistance And Body Fat (intermittent ... fasting for weight loss, lean body.) Calisthenics: 30 Minutes to Ripped - Get Your Dream Body Fast With Body Weight Exercises and Calisthenics (Calisthenics, Body Weight Training, Bodyweight Strength) Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free) Body Scrubs: 30 Organic Homemade Body And Face Scrubs, The Best All-Natural Recipes For Soft, Radiant And Youthful Skin (Organic Body Care Recipes, Homemade Beauty Products, Bath Teas Book 1) BODY TALK: The Body Language Skills to Decode the Opposite Sex, Detect Lies, and Read Anyone Like a Book (Body Language Decoded)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)